

## PARTICIPANT BIOGRAPHY

**Name:** Catherine Hoffman, R.D., C.D.N., M.S.

**Title:** Public Health Nutritionist

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Cathy joined CACFP as a Public Health Nutritionist with Eat Well Play Hard in Child Care Settings (EWPHCCS) in January, 2008. EWPHCCS is an obesity prevention initiative of New York State Department of Health's Child and Adult Care Food Program. EWPHCCS provides nutrition and physical activity education to low-income child care centers reaching preschool children, their families, and child care center staff. Cathy manages the EWPHCCS Program in the Upstate New York area.

Her previous experience includes hospital settings, cardiac rehabilitation, outpatient counseling and teaching in a public school.

Cathy completed her undergraduate work at Rochester Institute of Technology, her Master's degree at Sage Graduate School, and her Dietetic Internship at Indiana University-Purdue University Indianapolis.