

PARTICIPANT BIOGRAPHY

Name: Karen Graham, MS, CHES

Title:Health Educator

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Ms. Graham earned a Bachelor of Science degree in Public Health/Health Education from the University of North Carolina at Chapel Hill and a Master of Nutritional Sciences from Clemson University. She is a Certified Health Education Specialist and a Certified Grant Writer.

Ms. Graham is currently a Health Educator and Chronic Disease Manager with the South Carolina Department of Health and Environmental Control (SC DHEC). In this position, she works with community partners providing leadership, training and resources to affect policy and environmental change in the areas of nutrition, physical activity, and obesity prevention. Ms. Graham is the state training coordinator for the Color Me Healthy preschool program in South Carolina. She is also the project coordinator for SC DHEC Division of Obesity Prevention and Control's early childhood intervention pilot program (Eat Smart, Move More, Grow Healthy Toolkit).

Ms. Graham is a member of the S.C. Alliance for Health, Physical Education, Recreation, and Dance and the S.C. Public Health Association. She also serves on the Eat Smart, Move More South Carolina Leadership Council. Locally, she sits on the board of Partners for Active Living and Hub City Farmers' Market and is the SC DHEC representative on the Spartanburg County Childhood Obesity Task Force. She was honored with the Outstanding New Health Educator of the Year Award in 2004 and Health Educator of the Year in 2006.