

PARTICIPANT BIOGRAPHY

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Dr. Dunn is a Professor and Nutrition Specialist with the NC Cooperative Extension Service, NC State University. She provides program expertise and state-wide leadership for nutrition and wellness for families and communities. She develops nutrition education materials to be used by extension agents across North Carolina and links with other state level agencies dealing with nutrition and health concerns. Carolyn is the author/developer for numerous programs and tools that address healthy eating and physical activity. She is the co-author of Color Me Healthy, the award winning nutrition and physical activity program for children ages four and five. Carolyn is a sought after speaker and trainer and engages audience with humor, energy and simple messages to help them eat smart and move more. Governor Easley appointed Carolyn to the Heart Disease and Stroke Prevention Task Force where she serves as chair of the Prevention Committee. Currently she is the chair of Eat Smart, Move More North Carolina, a 60-agency coalition that promotes increased opportunities for healthy eating and physical activity wherever people live, learn, earn, play and pray. She is a member of Sigma Xi the scientific research society and the Academy for Outstanding Faculty Engaged in Extension. Carolyn's passions are travel, cooking, fitness, art and design.